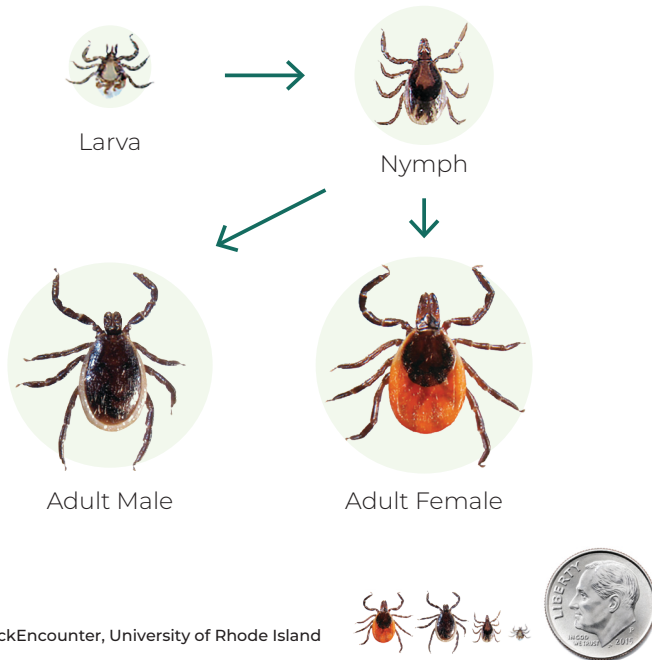


TICK IDENTIFICATION

Black-Legged Tick (Deer Tick) Growth Stages



TICK PREVENTION CHECKLIST



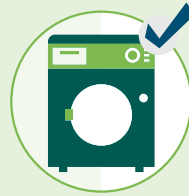
Wear tall socks
and pull over
pants if possible.



Apply Tick Repellent.
Use as labeled
(Permethrin for
clothes, ≥20% DEET
or Picaridin for skin).



**Wear light-
colored clothing**
with sleeves.



**Toss clothing in
dryer on high
heat for 15 mins.**
If washing,
use hot water.



Shower or bathe
as soon as you
return inside.



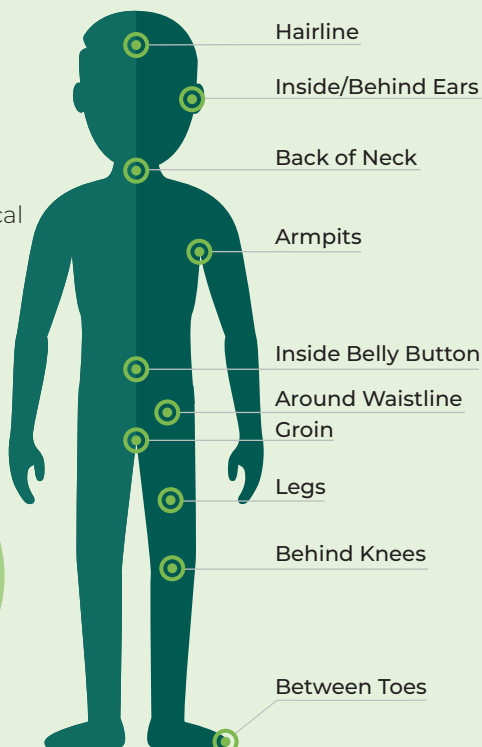
Mow lawn regularly.
Avoid tall grass in
yards, parks and
recreation areas and
while hiking.

WHERE TO CHECK FOR TICKS

FOUND A TICK?

We are proud to be affiliated with the Thangamani Lab at SUNY Upstate Medical University, which has a procedure for accepting and testing ticks and communicating results.

Visit
NYTicks.org
to learn
more!



LYME DISEASE SYMPTOMS

LIKELY

EARLY LYME	CHRONIC LYME
Fatigue	Fatigue
Rash	Joint Pain
Headache	Muscle Pain
Fever	Other Pain
Sweats	Sleep Issues
Chills	Cognitive
Muscle Pain	Depression
Joint Pain	Neuropathy
Neck Pain	Headache
Sleep Issues	Heart Issues

LESS LIKELY